



Course Specifications

Course name:	Growth and Development
Course code	WNR-32-03
Credit	3Hours
Course sages :	3nd year
Semester:	First semester.
Teacher name	Kholoud Hashem Salloum
Course description	
This course will provide the students with basic knowledge related to human growth & development theories. It deepens their understanding about the human characteristics, needs, & their normal growth and developmental problems during different stages of human life.	
General objectives / Goals	
<ol style="list-style-type: none">1. Demonstrate knowledge and understanding of the developmental milestones and the factors affecting them.2. Apply knowledge and understanding of the age-related milestones and factors to support progress across areas of development.3. Analyze and evaluate information about a child in context of G&D4. Ability to interpret the impact of given factors on a child's development.5. Be able to recommend an activity to support a child's development in context with appropriate justification.6. Discuss nutritional requirements and concerns of the child7. Discuss the nurse's and family caregivers' role related to the child age in different situation.	

List of contents:

Week number	Lecture title	Expected Date/
1.	introduction to growth and development	31\1\2024
2.	Measurement of growth and development	7\2\2024
3.	Theories related to human growth and development. \ part I	14\2\2024
4.	Theories related to human growth and development. \ part II	21\2\2024
5.	Quiz	28\2\2024
6.	newborn stage	6\3\2024
7.	infant stage	13\3\2024
8.	Monthly exam	20\3\2024
9.	toddler stage\ part I	27\3\2024
10.	toddler stage \ part II	3\4\2024
11.	preschool stage	10\4\2024
12.	school age stage	17\4\2024
13.	Monthly exam	24\4\2024
14.	adolescent stage	1\5\2024
15.	Review	7\5\2024
Methods of teaching (theory)		
- Lecture, Group Discussion, Data-show, Video		
Methods of evaluation		Degree percentages/
<ul style="list-style-type: none"> ▪ Quizzes ▪ Assignments ▪ Written exam 		Mid-term - Activities
		Final exam
		40
		60
Resources and references:		
<ol style="list-style-type: none"> 1. Hockenberry, M. J., & Wilson, D. , Wong's nursing care of infants and children-E-book. Elsevier Health Sciences, 2018. 2. Pillitteri, A. (2010). Maternal & child health nursing: care of the childbearing & childrearing family. Lippincott Williams & Wilkins. 3. Klossner, N. Jayne. Introductory maternity & pediatric nursing; WY 157.3 K66i 2010, Library of Congress Cataloging-in-Publication Data, 2ed edition. 4. Jean Zaar ,Child Growth and Development; available at: https://cod.pressbooks.pub/ecec1101/chapter/chapter-1-introduction-to-child-development/ 		



